

August

Ludlow Community Center



808 Elm Street
Ludlow, KY 41016
859-360-3220

Jenny McMillen, Coordinator
jmcmillen@ludlow.org

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Sorry, no Garden Club this month</i>	<i>New activities this month! JOIN US!</i>			1 Open 9am-2pm Bingo 12:00pm
4 Open 9am-2pm Dried Flower Bookmark Craft 10am Bingo 12:00pm	5 Open 4-6pm Yoga 6:30pm	6 Open 9am-2pm Chair Yoga/Cardio 9:30am Kenton County Library Day 11am-1pm	7 Closed	8 Open 9am-2pm Bingo 12:00pm
11 Open 9am-2pm Dried Flower Bookmark Craft 10am Bingo 12:00pm	12 Open 4-6pm Yoga 6:30pm	13 Open 9am-2pm Chair Yoga/Cardio 9:30am Kenton County Library Day 11am-1pm	14 Open 4-6pm	15 Open 9am-2pm WITS Workout Trivia 10am Bingo 12:00pm
18 Open 9am-2pm Mosaic Flower Pot Craft 10am Bingo 12:00pm	19 Open 4-6pm Yoga 6:30pm	20 Open 9am-2pm Chair Yoga/Cardio 9:30am Kenton County Library Day 1-3pm	21 Open 4-6pm	22 Open 9am-2pm WITS Workout Trivia 10am Bingo 12:00pm
25 Open 9am-2pm Mosaic Flower Pot Craft 10am Bingo 12:00pm	26 Open 4-6pm Yoga 6:30pm	27 Open 9am-2pm Chair Yoga/Cardio 9:30am Hotdogs, Cards, and Board Games 12-2pm	28 Open 4-6pm	29 Open 9am-2pm Bingo 12:00pm

The Lending Library, Fitness Center, Peace/Recovery Room, and Cards/Games are open to community members whenever the center is open. Stop in to check us out!

Join Us for

CRAFTS

in August!

Dried Flower Bookmarks
August 4 & 11 10:00 AM



Mosaic Flower Pots
August 18 & 25 10:00 AM



Design and create!

Each craft is offered twice.
Pick either date.
Or both if you want to craft twice!

All materials are supplied.
Adults only.

Chair Yoga/Cardio

Every Wednesday, 9:30am

Why? Improve your strength and mobility
Improve your balance and posture
Boost your mood and well-being

Great for
beginners!

Wear
comfortable
clothing

While we are
searching for
an instructor,
we will follow
a video series



Join Us for BINGO

MONDAYS
&
FRIDAYS

LOTS
OF
FUN!

STARTS
AT
12PM

SOCIALIZE
WITH
NEIGHBORS!

ENJOY
A
SNACK!

MEET
NEW
FRIENDS!

Join Us For Kenton County Library Days



at the Ludlow Community Center
through July & August

Book Checkout for All Ages
Games & Toys for Little Ones
Fun Crafts
Read Alouds
Refreshments

Don't have a
library card?
No problem!
You can
get one here!

Learn more about digital
resources available with
your library card!



Wednesday, July 2 11am-1pm
Monday, July 7 11am-1pm
Monday, July 14 11am-1pm
Monday, July 21 1-3pm
Wednesday, July 30 11am-1pm
Wednesday, August 6 11am-1pm
Wednesday, August 13 11am-1pm
Wednesday, August 20 11am-1pm



Questions? Contact Jenny McMillen at jmcmillen@ludlow.org